



# TYNWALD

CARING FOR OUR COMMUNITY



Community Support  
& Residential Care

[www.tynwald.org.uk](http://www.tynwald.org.uk)



## Residential Care

Established in 1961, Tynwald is a charitable home located in a pleasant area close to Hythe High Street, providing care and accommodation for people aged 60+ years. We are the charitable provider of choice for the people of Hythe and the surrounding areas, because we excel at what we do.

### Waiting to welcome you

We pride ourselves on meeting the needs of individuals who decide to move into a residential care home. We know how difficult that decision can be, so we are here to support you all the way. Our trained and empowered staff take a holistic approach to supporting you by prioritising your needs and involving the people who are important to you in your daily activity.

At Tynwald, we'll help you live life to the full while retaining your independence and receiving care and support tailored specifically to your needs. We aim to look forward to the future together.

We are not for profit; our service is strategically managed by our board of Trustees and Chief Executive ensuring that we are always focused on excellence. Having supported generations of local people and their families, we are proud of our strong links within the local community and welcome the support they continue to offer.



### Find out more about Residential Care

Call: 01303 267629 or email: [rm@tynwaldhythe.org.uk](mailto:rm@tynwaldhythe.org.uk)



# Community Support

Our service helps people who might feel isolated, need companionship, or would like to re-engage with community activities. Our trained staff provide an opportunity to expand your life choices.

We work within your own home and the local community. Tynwald's support of your individual needs is based on a social rehabilitation model where you are in control.

## Working with you

We assess your specific needs, producing an agreed plan to help you begin enhancing your day-to-day life. Our service is always participative, working closely with you, encouraging and developing your independence at all times.

## Social Rehabilitation

Social rehabilitation supports agreed goals to improve social, communication, cognitive and physical skills, build self-confidence, and a local support network, where you can start to develop new opportunities in a safe and supportive way.

## Health & Wellbeing

We understand that mental and physical health challenges can sometimes make taking positive steps difficult. We will facilitate meaningful activity, and for some people, we offer support in maintaining family relationships, friendships and varied community opportunities, hobbies and interests.

Your imagination inspires the well-being of the body and mind, and our support, balanced by the importance of healthy eating and exercise, promotes a better quality of life.



## Working with the people who are important to you

The people that matter to you are important to us as these are the people who know you best.

We will listen to information that will assist us in getting to know you better, and in turn, we will hear where we can improve your well-being by supporting tasks such as administration or budgeting. We can also accompany you on clinical visits, noting essential information and assisting you to communicate this to other clinicians and your extended support network.

*Mrs J Hythe: 'I was struggling at home. I have health problems that took away my independence, and I was becoming isolated from friends. The Tynwald Community service worked with me supporting my GP advice, slowly I felt better, became more confident. I have now started short trips on my own to see friends again. It's wonderful. I cannot thank Tynwald enough for working with me to achieve my goal.'*

## Respite Care

Tynwald offers respite and welcomes guests who require a short or extended stay away from home.

- Convalescence post-operative care
- On discharge from hospital care
- While family and friends cannot offer support for a short period
- To explore if residential care is a suitable option
- To alleviate social isolation

*Mr S Hythe: 'My daughter could not support me for two weeks, so I stayed at Tynwald. The home was excellent I was made to feel welcome, part of me was sorry to say goodbye, but I will definitely stay again.'*



## Tynwald Club

The Tynwald Club is open for anyone that doesn't fit the standard daycare model.

Located at Tynwald Residential Home, the club supports local people who may be socially isolated or need a time out from their usual day-to-day activities.

The bespoke service allows socialising with people living at Tynwald and facilitates participation in the daily programme, including all meals and activities.

This service is a home-from-home experience seven days per week.

Monday to Saturday between 10am and 6pm.

Sundays between 11am and 3pm.

## COVID-19

The health, safety and well-being of the people in our care, our visitors and staff is our priority. Tynwald closely follows Government guidance, to keep people safe.

For further information on infection control, please contact [rm@tynwaldhythe.org.uk](mailto:rm@tynwaldhythe.org.uk).

## How you can help

**We are always looking for people to join us.**

If you are looking to make a career change or you have some time to spend volunteering please contact us.

**We look forward to meeting you soon.**

## Find out more about Community Services

Call: 01303 267629 or email: [cm@tynwaldhythe.org.uk](mailto:cm@tynwaldhythe.org.uk)



## Tynwald Tool Box

Small household maintenance tasks can often be difficult for older adults or people with disabilities, especially those without close neighbours or family. Our Tynwald maintenance team is on hand to help with odd jobs around the home.

### **Minor repairs**

Changing light bulbs, putting up curtain rails, shelves and pictures, fixing loose carpets and leaking taps, or cleaning gutters and replacing broken glass. No job is too small.

### **Safety measures**

Fitting smoke alarms, carbon monoxide detectors and grab rails.

### **Home security**

Supplying and fitting door and window locks, door chains and door viewers or key safes.

### **Energy efficiency checks**

Installing draught excluders, radiator heat reflectors and energy-efficient lightbulbs.

Our service can make a significant difference to older adults, supporting them to live independently for longer. We can assess your home's maintenance needs externally and internally, forming a priority action plan for you to consider; this may include more significant work to ensure your home stays problem-free.

We can also support you if you choose to move into care by preparing your home for resale to ensure you get the best possible offer from your estate agent.



Registered Office: Hillside Street, Hythe, Kent CT21 5DJ

Registered with the Care Quality Commission. Visit [www.cqc.org.uk](http://www.cqc.org.uk) for our latest report. Registered Charity No. 212297

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